



September 5-8, 2018

# LONDON BREAST MEETING

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## Common Problems in Aesthetic and Reconstructive Breast Surgery

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Royal College of Physicians, London

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## Scientific Programme

[www.londonbreastmeeting.com](http://www.londonbreastmeeting.com)

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**NEW: Pre-Conference Video Workshops: 5th September 2018**

### Conference Co-Chairs

Professor Jian Farhadi  
Consultant Plastic and Reconstructive Surgery,  
Guy's & St Thomas' Hospital, London, UK

### Professor Jaume Masia

Chief of Plastic Surgery Department, Hospital  
de la Santa Creu i Sant Paul, Barcelona, Spain

In Association with

Guy's and St Thomas'   
NHS Foundation Trust



BARCELONA  
BREAST MEETING



Reconstructive Microsurgery  
European School

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# Welcome Message

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Dear friends and colleagues

We are very pleased to invite you to the fifth **London Breast Meeting**, scheduled for the 5th-8th September 2018. Together with the Barcelona Breast Meeting, we aim to cover the entire spectrum throughout the year.

The focus for 2018 is **Common Problems in Aesthetic and Reconstructive Breast Surgery**, and we are delighted to welcome our prestigious Faculty from all over the world.

This year, we will be hosting a pre-conference **video workshop** the day before the main programme, where a variety of video techniques will be presented by the Masters. Following the success of last year, there will also be a specialist parallel **Nurses Day programme** aimed at breast care nurses and wound care specialists to provide insights into the full breast care pathway.

Finally, due to popular demand, we will be holding our Friday night social function at **Tramp**, one of the most exclusive members clubs in the world, so we hope you can join us for a night of food, drink and live music!

If you are unable to attend the London Breast Meeting, you can register for our **live online broadcast** which will ensure that you don't miss a thing! <http://live.londonbreastmeeting.com>

We are looking forward to welcoming you back to London.

Yours sincerely,



Professor Jian Farhadi  
Consultant Plastic & Reconstructive  
Surgery, Guy's and St Thomas'  
Hospital, London, UK

Professor Jaume Masia  
Chief of Plastic Surgery Department,  
Hospital de la Santa Creu i Sant Paul,  
Barcelona, Spain

# Scientific Programme

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Wednesday 5th September 2018

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## Video Workshop - 14.00 – 18.00:

### Session 1

- Nipple sparing mastectomy techniques
- New techniques in diagnosis of the sentinel lymph node
- Axillary clearance: refining the technique
- Tips and tricks in oncoplastic breast surgery
- Shaping the breast using the LD flap with or without implants

### Session 2

- How to assess patients with lymphoedema
- Tips and tricks on how to raise a DIEP flap
- Shaping of the DIEP flap in delayed breast reconstruction
- Mastopexy: how to combine with implant or mesh
- The perfect abdominoplasty

Thursday 6th September 2018

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## Breast Oncology

- Highlights from the St Gallen/Vienna International Breast Conference
- Highlights from the Oncoplastic Breast Consortium
- The DCIS dilemma: current recommendations and trends
- Can chemotherapy be altered when facing wound healing issues?
- The integrated port-expander: challenges for the radiologist and radio-oncologist
- How do we define thin or thick mastectomy flaps?
- Follow up in BRCA patients after risk reducing surgery

## The breast multidisciplinary meeting: challenging cases

### Keynote Address: in conversation with the Masters of lymphatic surgery

## Common Problems in Oncoplastic Surgery

- How to assess intraoperative margins
- How to avoid oncoplastic failures in the small breast
- The medial quadrant: tips and tricks
- Thoracic perforator flaps: how to plan
- How to correct nipple malposition following breast conserving surgery
- Lipofilling: safety and timing in the breast conserving surgery defect
- Diagnosis of capsular contracture
- Quality standards in breast conserving surgery

## The Innominate Lecture

Friday 7th September 2018

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## Common Problems in Implant-Based Reconstruction

- Do's and don'ts in pre-pectoral breast reconstruction
- Direct to implant reconstruction when you can't afford an ADM
- Contralateral symmetrisation: tips, tricks and timing
- Exchange of the expander to permanent implant



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# Scientific Programme

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- Fat grafting techniques to permanent implant
- Immediate reconstruction in the previously irradiated breast
- Nipple reconstruction in the thin skin envelope
- Immediate nipple grafting: tips and safety concerns

**Keynote Address: How I changed my practice after learning from my mistakes**

**Free Paper Session: Surgical Pearls in Aesthetic and Reconstructive Surgery**

## **Autologous Reconstruction**

- Let's talk about the donor site:
  - Planning the donor sites
  - The abdominal bulge
  - Seroma: how to prevent and treat
  - Chronic abdominal pain
  - Umbilicoplasty: to preserve or create?
- Large breast – small tummy
- Failed flap: how and when to use the 2nd free flap
- Venous congestion: intra-operative and post-operative options
- Safety of lipofilling to the contralateral breast
- Reverse abdominoplasty breast reconstruction
- Fast track autologous breast reconstruction service
- Revision of the reconstruction: when do we stop?

## **Saturday 8th September 2018**

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### **Common Problems in Aesthetic Breast Surgery**

- Addressing the sequelae of upper body in massive weight loss surgery
- Reverse abdominoplasty
- The mesh breast lift
- Breast re-reduction
- The Pathologist's perspective on how to mark the specimen
- The waterfall effect: how to avoid and how to correct
- The subfascial plane: how to do it
- Managing cysts following lipofilling
- Implant-related problems in aesthetics:
  - How to correct rotation
  - Choice of implant
  - Management of the inframammary crease
  - Capsular contracture

### **ALCL Update and Panel Discussion**

#### **Special Topic**

- Malpractice: how to deal with the letter from the lawyer

### **Aesthetic Breast Surgery: Congenital Deformities**

- Tuberous breast: fat grafting and implant advances
- Poland's syndrome
- Body dysmorphia

### **What have I changed in my practice in the last year?**



## REGISTRATION INFORMATION

Tel: +44(0)20 7501 6762 | Fax: +44(0)20 7978 8319

Online: [www.londonbreastmeeting.com](http://www.londonbreastmeeting.com) | Email: [conferences@markallengroup.com](mailto:conferences@markallengroup.com)

Delegate rates	Until 2nd July	After 2nd July
Standard 3 Day Registration (6-8 Sept)	£580.00 <input type="checkbox"/>	£675.00 <input type="checkbox"/>
Standard Registration with Video Workshops (5-8 Sept)	£660.00 <input type="checkbox"/>	£755.00 <input type="checkbox"/>
Trainee/Nurse 3 Day Registration (6-8 Sept)	£395.00 <input type="checkbox"/>	£495.00 <input type="checkbox"/>
Trainee/Nurse Registration with Video Workshops (5-8 Sept)	£475.00 <input type="checkbox"/>	£575.00 <input type="checkbox"/>
Video Workshop Day Only (5 Sept)	£180.00 <input type="checkbox"/>	£200.00 <input type="checkbox"/>
Nurses Day (6 Sept)	£65.00 <input type="checkbox"/>	£85.00 <input type="checkbox"/>
Friday night at TRAMP (LBM social function) (7 Sept)	£65.00 <input type="checkbox"/>	£65.00 <input type="checkbox"/>
Live Online Broadcast	£120.00 <input type="checkbox"/>	£120.00 <input type="checkbox"/>
London Breast Meeting Online Membership	£250.00 <input type="checkbox"/>	£250.00 <input type="checkbox"/>

## LONDON BREAST MEETING ONLINE LIBRARY:

- If you can't attend the meeting in London, you can follow all the LBM2018 presentations online
- Become a member of our LBM Online Library to access past presentations and additional resources

Visit: <https://live.londonbreastmeeting.com> for more information



### Registration options:

Become a London Breast Meeting Online Member to access the full library:

- Video content from all the previous London Breast Meetings since 2015
- Additional surgical technique videos

Register for single editions of previous London Breast Meetings, from 2015

- Video content from any of the previous London Breast Meetings since 2015
- View both Presenter and presentation slides to recreate the live effect

Register for the Live Broadcast of London Breast Meeting 2018: 6-8 September 2018

- Presentations will be streamed to your computer or portable device live as they happen at the London Breast Meeting 2018
- You will be able to access video content of all the presentations after the meeting so that you can watch them at your own time
- View the 2018 programme here



LondonBM



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London Breast Meeting



London Breast Meeting 2018

# GENERAL INFORMATION

Wednesday 5th - Saturday 8th  
September 2018

Royal College of Physicians, 11 St Andrew's  
Place, Regent's Park, London, NW1 4LE



Christian Bonde, Denmark  
David Chang, USA  
Daniel Del Vecchio, USA  
Gregory Evans, USA  
Florian Fitzal, Austria  
Eduardo Gonzalez, Argentina  
Dennis Hammond, USA  
Mark Ho-Asjoe, UK  
JP Hong, South Korea  
Tari King, USA  
Michael Knauer, Switzerland  
Tibor Kovacs, UK  
Nicolas Leymarie, France  
Albert Losken, USA  
Fiona MacNeill, UK  
Patrick Maxwell, UK  
Nigel Mercer, UK  
Goo-Hyun Mun, South Korea  
Alexandre Munhoz, Brazil  
Peter Neligan, USA  
Sarah Pinder, UK  
Gemma Pons, Spain  
Andrea Pusic, USA  
Richard Rainsbury, UK  
Arturo Ramirez-Montañana, Mexico  
Venkat Ramakrishnan, UK  
Alberto Rancati, Argentina  
Michael Saint-Cyr, USA  
Marzia Salgarello, Italy  
Eric Santamaria, Mexico  
Javier Sanz, Spain  
Isabelle Sarfati, France  
Hyung-Bo Sim, South Korea  
Mark Smith, USA  
Koenraad van Landuyt, Belgium  
Marcella Sanchez Vargas, Colombia  
Walter Weber, Switzerland

## Accommodation

The RCP has a hotel booking agent who has negotiated discounted rates with local hotels for individuals and group bookings. **Please quote: MA Healthcare/London Breast Meeting**

Contact: **Wendy Line**, Hotel Reservations Limited  
Tel: 01268 572003 Fax: 01268 572002  
Email: [res@hotelreservations.uk](mailto:res@hotelreservations.uk)

For further accommodation options please go to the website: [www.londonbreastmeeting.com](http://www.londonbreastmeeting.com)

## Conference Secretary:

**Marlene See**, Consultant Plastic and Reconstructive Surgeon, Guy's & St Thomas' Hospital, London, UK

## Confirmed International Faculty

Chris Andree, Germany  
Phillip Blondeel, Belgium

## Partnership with Barcelona Breast Meeting:



London Breast Meeting and Barcelona Breast Meeting have teamed up to offer a

25% discount for all those attending both LBM2018 and BBM2018. Visit our website for details:

[www.londonbreastmeeting.com](http://www.londonbreastmeeting.com)

## London Breast Meeting Online Library:

- If you can't attend the meeting in London, you can follow all the LBM presentations online
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